



SAILING INSTRUCTIONS

1 RULES

- 1.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing 2021 - 2024, RYA prescriptions and the relevant Class rules. In the case of conflict between the rules and these sailing instructions, these sailing instructions shall prevail. This changes rule 63.7.
- 1.2 All references to the Race Committee will be taken to refer to the Shoreham Sailing Club Race Officer.
- 1.3 RRS 40.1 applies at all times whilst afloat.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the race notice board located in the main upstairs room of the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 60 minutes before the advertised starting time of the race or races concerned.

4 SIGNALS MADE ASHORE

- 4.1 Flag signals made ashore will usually be displayed on the flagpole near the launching ramp.
- 4.2 When the postponement flag (AP) is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP [changes rule Race Signals 'AP'].

5 SCHEDULE OF RACES

- 5.1 The schedule of races will be in accordance with the current Race Programme.
- 5.2 Any change to the schedule of races will be posted by 20.00 on the day before it will take effect.
- 5.3 Any Cancellation of racing will be posted between 20.00 & 21:00 on the day before it will take effect.
- 5.4 Wednesday evening series races will not be included in the Wed series results if warning signal is before 18:55
- 5.5 Racing will be held for the following fleets:

First race on "2-race" days for the Spring, Summer and Autumn Series

- Fast Handicap overall (SSC club PY =< 1000) with class/fleet results extracted for Merlin Rockets, Multihulls and Fast Handicap only
- Medium Handicap overall (SSC club PY 1000 -1174 inclusive) with class/fleet results extracted for Lasers, Phantoms, RS200's, Wayfarers and Medium Handicap only
- Slow Handicap overall (SSC club PY 1175 & higher)

PM races & Wednesday series:

- General Handicap

Easter Cup and Cooler Series:

- General Handicap with class/fleet results extracted for Fast Handicap, Medium Handicap and Slow Handicap

- 5.6 See Appendix B for a list of classes with SSC PYs that diverge from the listed Portsmouth Yardstick.

6 CLASS FLAG

6.1 The visual warning signal for the Fast handicap fleet shall be the O flag.



6.2 The visual warning signal for the Medium handicap fleet shall be the Z flag. This changes Rule 30.2.



6.3 The visual warning signal for the Slow fleet shall be the H flag



6.4 The visual warning signal for the General handicap fleet shall be the Number 4 flag.



7 RACING AREAS

7.1 The racing area will normally be to the West of the Harbour entrance.

COURSES FOR SUNDAY SERIES

7.2 The course configuration will be one of the Courses listed in Appendix A and will be indicated on the race notice board.

7.3 The order of mark rounding will be to leave marks to Port unless otherwise indicated usually by displaying a green flag to denote leaving marks to Starboard.

COURSES FOR WEDNESDAY SERIES

7.4 The course configuration for the Wednesday series will be Course E.

8 MARKS

8.1 Marks will normally be orange inflatable buoys.

8.2 The only exception to 8.1 is Course E, where a committee boat is permitted to be used as a Mark

9 OBSTRUCTIONS

9.1 A safety boat in close attendance to a boat or a competitor in difficulty is deemed to be an obstruction surrounded by navigable water.

10 THE START

10.1 Races will be started by using rule 26 with the warning signal made as follows before the starting signal:

Minutes before starting signal Sunday/Monday	Visual Signal	Minutes before starting signal Wednesday	Visual Signal Wednesday	Sound Signal	Means
5	Handicap Flag hoisted	3	3 paddles held up or Handicap Flag hoisted	1	Warning Signal
4	Preparatory Flag hoisted	2	2 paddles held up or Preparatory Flag hoisted	1	Preparatory Signal
1	Preparatory Flag lowered	1	1 paddle held up or Preparatory Flag lowered	1 long	One Minute
0	Handicap Flag lowered	0	Paddle lowered or Handicap Flag lowered	1	Starting Signal

- 10.2 The starting line will normally be between the mast of a committee boat flying an orange flag and an orange buoy laid to port of the committee boat.
- 10.3 For the 1st race of the Spring, Summer and Autumn series, all fleets will normally have separate starts.
- 10.4 Depending on the number of competitors, the Race Officer may decide to have 1 start for all fleets.
- 10.5 When 1 start is indicated for fast, medium and slow fleets as in 10.4, the number of laps will be in accordance with 7.2 as indicated by the course instructions.
- 10.6 When fleets are started separately, boats whose warning signal has not been made shall keep clear of the starting area and boats whose preparatory signal has been made.
- 10.7 General handicap races will normally have 1 start. However, Depending on the number of competitors, the Race Officer may decide to have separate starts for some fleets.

INDIVIDUAL RECALL

10.8 An individual recall will be indicated in accordance with Rule 29.1



and 1 sound signal

GENERAL RECALL

10.9 A general recall will be indicated in accordance with Rule 29.2.



and 2 sound signals

BLACK FLAG RULE

- 10.10 A black flag rule may be introduced in accordance with Rule 30.4.
- 10.11 A black flag may be hoisted either before the starting sequence or at the preparatory signal.
- 10.12 If hoisted at the preparatory signal, the black flag may be flown instead of the P flag or in addition to it.
- 10.13 No part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal.
- 10.14 If a boat breaks this rule and is identified, she shall be disqualified from the race, even if the race is restarted or resailed, but not if it is postponed or abandoned before the starting signal.
- 10.15 A boat starting later than five minutes after her starting signal may be scored Did Not Start.

11 CHANGE OF THE NEXT LEG OF THE COURSE

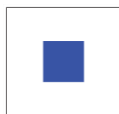
- 11.1 To change the next leg of the course, the race committee may move the original mark (or finishing line) to a new position or lay a replacement mark.

12 FINISH

- 12.1 The finishing line will normally be between the mast of the committee boat flying a blue flag and a buoy laid to port of the committee boat.

SHORTENED COURSE

- 12.2 Courses may be shortened to finish at any mark of the course.
- 12.3 A shortened course will be indicated in accordance with Rule 32.



and 2 sound signals

- 12.4 If a handicap fleet flag is also displayed above Flag S, the shortened course is only applicable to that fleet

ABANDONED RACE

- 12.4 A race may be abandoned at any time.
- 12.5 An abandoned race will be indicated in accordance with Rule 32.



and 3 sound signals

- 12.6 If a race is abandoned for reasons of safety, all boats are advised to return to the harbour without delay.

13 TIME LIMITS

- 13.1 The time limit for each race shall be 2 hours for each handicap race.
- 13.2 If no boat has finished within the time limit, race results may be calculated based on positions at a previous mark of the course. This changes Rule 35
- 13.3 If this is infeasible, the race will be abandoned.
- 13.4 Any boat that has not finished within 45 minutes of the first finisher in her class shall receive Did Not Finish. This changes Rule 35.

14 PROTESTS, REQUESTS FOR REDRESS AND PENALTIES

- 14.1 The protest time limit is 120 minutes after the last boat has finished in the last race of the day.
- 14.2 Where possible, a protest will be heard on the same day.
- 14.3 The time and place of the protest will be advised by the Race Officer.
- 14.4 Infringement of the rules will require completion of an on the water penalty in accordance with Rules 44.1 & 44.2
- 14.5 The scoring penalty system in accordance with Rule 44.3 will not apply.

15 SCORING

- 15.1 The Low point System will be used. Rule A5.3 will apply.
- 15.2 Fleet and handicap results will be extracted from the Fast, Medium & Slow handicap race results subject to there being at least 2 starters in the handicap race.
- 15.3 Races to count will be as follows:

Races sailed	1	2	3	4	5	6	7	8	9	10	11	>11
Races to count	1	2	2	3	3	4	4	5	5	6	7	~60%

DUTIES

- 15.4 Average points will be awarded to Helms who have performed Race Officer, Assistant Race Officer or Support boat duties, at the end of each series.
- 15.5 A maximum of 2 duties per series can be counted towards final average points.
- 15.6 Where a series counts 3 races or less only 1 duty can be counted.

16 SAFETY

- 16.1 All competitors must sign on prior to going afloat.
- 16.2 A competitor who is under the age of 18 years must be signed on by a parent or guardian.
- 16.3 The River Adur, Shoreham Harbour and harbour approaches are a commercial waterway.
- 16.4 All competitors must comply fully with Shoreham Port Authority General Byelaws. Failure to do so will result in disqualification and possible disciplinary action by the Committee in addition to other liability. Signals are made as follows:

Middle Pier Southern End Focusing Seaward: Amber light occulting every 3 seconds DAY and NIGHT	Major vessel manoeuvring or about to leave the Port. No vessel shall enter the Port.
Lifeboat House Focusing over Eastern & Western Arms: Red light, occulting every 3 seconds DAY and NIGHT	Major vessel about to enter the Port or leave the West Arm for sea.
Lifeboat House Focusing over Western Arm: Red light, occulting every 3 seconds DAY and NIGHT	Major vessel about to enter the Port or leave the East Arm for sea or pass from the East Arm to the West Arm.

- 16.5 A boat that retires from a race shall notify a race committee vessel as soon as possible.

17 RUBBISH DISPOSAL

17.1 Competitors shall not intentionally put rubbish in the water.

18 DISCLAIMER OF LIABILITY

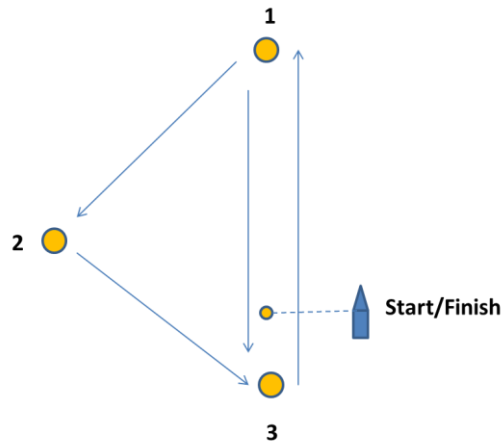
18.1 Rule 3 of the Racing Rules of Sailing states: 'the responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone'.

18.2 By taking part in the event, each competitor agrees and acknowledges that:

- they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- they are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- their boat is in good order, equipped to sail in the event and they are fit to participate;
- the provision of a race management team, patrol boats and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- their boat is adequately insured, with cover of at least £3,000,000 or the equivalent per event against third party claims.

APPENDIX A
List of courses

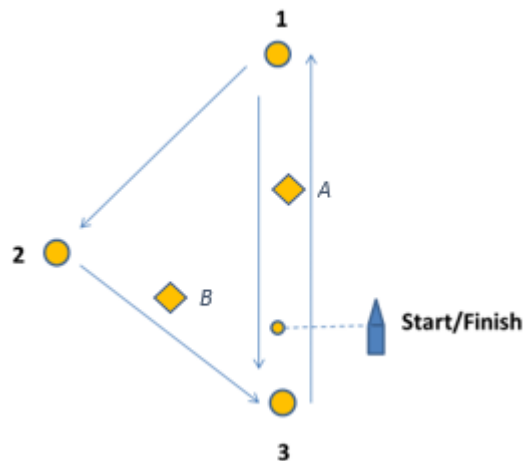
Course A:



- Fast Handicap Fleet: Start, 1, 2, 3, 1, 3, 1, 2, 3, 1, 3, Finish
- Medium Handicap Fleet: Start, 1, 2, 3, 1, 3, 1, 2, 3, Finish
- General Handicap Fleet: Start, 1, 2, 3, 1, 3, 1, 2, 3, 1, 3, Finish
- Slow Handicap Fleet: Start, 1, 2, 3, 1, 3, Finish

When sailing from Mark 3 to Mark 1 boats must sail through the start/finish line.
 When sailing from Mark 1 to Mark 3, boats may, but do not have to sail through the start/finish line

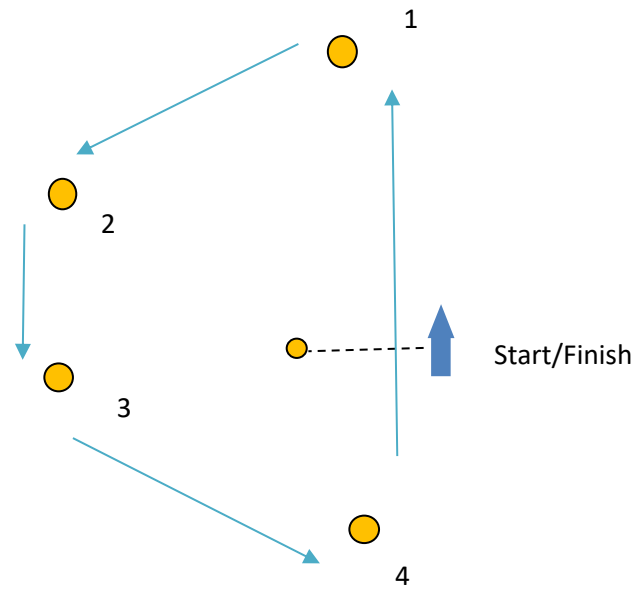
Course B:



- Fast Handicap Fleet: Start, 1, 2, 3, 1, 3, 1, 2, 3, 1, 3, Finish
- Medium Handicap Fleet: Start, 1, 2, 3, 1, 3, 1, 2, 3, Finish
- Slow Handicap Fleet: Start, A, B, 3, A, 3, A, B, 3, Finish
- General Handicap Fleet: Start, 1, 2, 3, 1, 3, 1, 2, 3, 1, 3, Finish

When sailing from Mark 3 to Mark 1 boats must sail through the start/finish line.
 When sailing from Mark 3 to Mark A boats must sail through the start/finish line.
 When sailing from Mark 1 or Mark A to Mark 3, boats may, but do not have to sail through the start/finish line.

Course C:

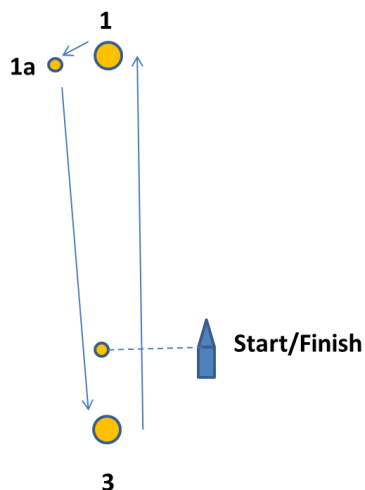


- | | |
|-------------------------|---|
| Fast Handicap Fleet: | Start, 1, 2, 3, 4 – Average laps until Finish |
| Medium Handicap Fleet: | Start, 1, 2, 3, 4 – Average laps until Finish |
| Slow Handicap Fleet: | Start, 1, 2, 3, 4 – Average laps until Finish |
| General Handicap Fleet: | Start, 1, 2, 3, 4 – Average laps until Finish |

When sailing from Mark 1 to Mark 1 boats must sail through the start/finish line.

When sailing from Mark 3 to Mark 4, boats may, but do not have to sail through the start/finish line.

Course D:

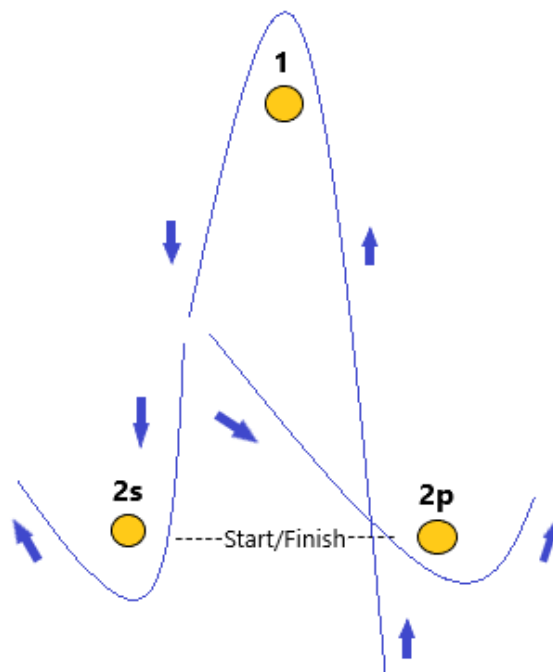


Fast Handicap Fleet:	Start, 1, 1a, 3, 1, 1a, 3, 1, 1a, 3, 1, 1a, 3, Finish
Medium Handicap Fleet:	Start, 1, 1a, 3, 1, 1a, 3, 1, 1a, 3, Finish
General Handicap Fleet:	Start, 1, 1a, 3, 1, 1a, 3, 1, 1a, 3, 1, 1a, 3, Finish
Slow Handicap Fleet:	Start, 1, 1a, 3, 1, 1a, 3, 1, 1a, 3, Finish

When sailing from Mark 3 to Mark 1 boats must sail through the start/finish line.

When sailing from Mark 1a to Mark 3, boats may, but do not have to sail through the start/finish line.

Course E:



General Handicap Fleet: Start, 1, 2s/2p Average laps until Finish

Mark 2p may sometimes be substituted for a committee boat.

For the avoidance of doubt, if only Mark 1 & 2s are set, the committee boat will become Mark 2p

APPENDIX B**SSC adapted Portsmouth Yardstick list & boats with no official PY listed**

Class	SSC Yardstick	Portsmouth Yardstick	
Wayfarer	1080	1105	
DZero Blue	1079	n/a	
National 12	1089 (non foiling rudder)	1064 (foiling rudder)	

APPENDIX C

A List of Club trophies that are extracted from various races/series throughout the year

TROPHY	DESCRIPTION	
First Sea Race	Navigators Trophy	
Easter Cup	Curtis Wilson Trophy (1)	
D- Zero Spring	Bosuns Trophy	
D- Zero Summer	Bernards Bonus	
D- Zero Autumn	Phantom Sail	
Merlin Rocket Spring	Warren Coronation Cup	
Merlin Rocket Summer	Palmer Cup	
Merlin Rocket Autumn	Bob Wallis Trophy	
RS 200 Spring	Spitfire Trophy	
RS 200 Summer	Darren Field Trophy	
RS 200 Autumn	Vernon Cup	
Wayfarer Spring	Windsor Cup	
Wayfarer Summer	Sussex Cup	
Wayfarer Autumn	Curtis Wilson Cup	
Handicap Fleet Fast Spring		
Handicap Fleet Fast Summer	Alec Baker Cup	
Handicap Fleet Fast Autumn		
Handicap Fleet Medium Spring		
Handicap Fleet Medium Summer	Handicap Summer Trophy	
Handicap Fleet Medium Autumn		
Handicap Fleet Slow Spring		
Handicap Fleet Slow Summer		
Handicap Fleet Slow Autumn		
Overall Handicap Fast Spring	Frank Comer Trophy	
Overall Handicap Fast Summer	Shoreham SC Trophy	
Overall Handicap Fast Autumn	Tiko Trophy	
Overall Handicap Medium Spring	Tingley Trophy	
Overall Handicap Medium Summer	Pops Pint	
Overall Handicap Medium Autumn	Chairman's Shield	
PM Series 1	White Lance Cup	
PM Series 2	Alec Baker Cup	
PM Series 3	Tintagel Cup	
Wed Evening 1	Osmund Feeney Cup	
Wed Evening 2	Jackson Cheal Shield	
Youth Series	Jim Gates Trophy	
Brown Leaf Series	Brown Leaf Trophy	
November Series	Cooler Trophy	
Special Award	Ice Bucket	
Club Champion (best overall score)	Captains Trophy	